How to Read A Chapter

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What is a chapter book?

- What is a chapter?
  - Texts that was divided into different sections

- Why is it important to chunk texts into chapters?
  - Understanding and comprehension
  - Time management
  - Discussion and Analysis
Types Of Reading

Academic Self-Regulation

In an era when there are a plethora of texts available, and you are setting your priorities and goals for the academic year, have you ever considered the need for self-regulation? Self-regulation is the ability to control one’s own behavior, emotions, and thoughts. It is essential for academic success, as it enables students to set goals, monitor their progress, and make adjustments when necessary. According to Dembo and Seli (2013), successful learners are self-regulated learners. They set goals, monitor their progress, and adjust their strategies as needed. They also use effective study strategies, such as summarizing, which helps them to retain information longer. Effective self-regulated learners are also able to tolerate frustration and setbacks, which is crucial for academic success.

Textbook (Dembo & Seli, 2013)

Chapter 1

When he was nearly thirteen, my brother Jim got his arm badly broken at the elbow. When it healed, and Jim’s fears of never being able to play football were assuaged, he was seldom self-conscious about his injury. Jim was usually a very shy and quiet boy, but his arm was somewhat shorter than his right, when he stood or walked, the back of his hand was at right angles to his body, his thumb pined to his side. He couldn’t have cared less, so long as he could pass and punt.

When enough years had gone by to enable us to look back on them, we sometimes discussed the events leading to his accident. I maintain that the Eleven started it all, but Jim, who was four years my senior, said it started long before that. He said it began the summer Dill came to us, when Dill first gave us the idea of making Boo Radley come out.

I said if he wanted to take a broad view of the thing, it really began with Andrew Jackson. If General Jackson hadn’t run the Creeks up the creek, Simon Finch would never have paddled up the Alabama, and where would we be if he hadn’t?

We were far too old to settle an argument with a fist-fight, so we consulted Atticus. Our father said we were both right. Being Southerners, it was a source of chaste to some.
Motivation

• When you are motivated, you’re more likely to approach the **reading with enthusiasm**

• **Focus** affects your progress and quality of reading

• **Information retention** (Ahmadi et al., 2013)

• **Set Specific Goals**
  • Break your reading into smaller, manageable goals
  • Pomodoro technique
Know Your Energy Levels

• Pay attention to **daily energy patterns**, when are you more alert?
  • What are some external factors? (Ex: Meals, physical activity, sleep)
• Listen to your body and **adapt** to your schedule
  • Prioritize quality over quantity (evaluate productivity)
Strategies on Reading a Chapter (Seli, 2023)

- Preview the Chapter
  - Read first/last sentences of the chapter
  - Roughly skim through the reading
- Break It Down
  - Look for key topics or events
  - Shift of focus, date change, etc.
Strategies on Reading a Chapter (Cont.)

• Read Actively
  • Connect, analyze, summarize
    • Ex: Visualization (mental image)
• Take notes
  • Enhance comprehension/retention
• Review notes
  • Organize all your notes
  • Reflect and answer questions
Students With Reading Challenges

- **Use Technology**
  - Text-to-speech software/audiobooks
  - Translating tools
- **Seek support**
  - Reading groups
  - Guides, explanatory videos
  - Office Hours
- **On campus resources**
  - OSAS
  - Tutoring/office hours
  - KCLC


The Importance of Metacognitive Reading Strategy Awareness in Reading Comprehension (2013). *English Language Teaching, 6*(10), 235–244. https://doi.org/10.5539/elt.v6n10p235
