

How to Read A Chapter

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What is a chapter book?

- What is a chapter?
 - Texts that was divided into different sections
- Why is it important to chunk texts into chapters?
 - Understanding and comprehension
 - Time management
 - Discussion and Analysis



(Wikipedia Contributors, 2019)

Kortschak Center for Learning and Creativity

Types Of Reading

1Academic Self-Regulation

As notices of this book, you are a driving group with varied beodgementh and pash. Some of you be beginning your education at a college or university, whenever others have welcoted a community college. Some of you may have taken college consens but term, wheneve others may have significant other responsibilities such as a job and caring for dependents. You may reven being all your courses online, Some of you are kingle a learning and such yelfox come because it is required, wheneve others are proposed in the course as an elective. Some of you are kingle placement on the proposed placement in the course online, Some of you are kingle placement in the proposed placement in the course of the proposed placement in the p

Who is a successful learner? Most of us know, read about, or have observed successful and expert individuals in some field or porlimation (e.g., a manician, arbites, plomber, seather, or anisot). These individuals have special knowledge and skills in a particular field. Similarly, successful learners also possess special knowledge and skills that differentiate them from less successful learners.

Successful students are not simply individuals who know more than others. They also have more effective and efficient learning strategies for accessing and using their knowledge, can motivate themselves, and can mention and change their behaviors when learning does not occur.

list as individuals cancer lears to become expert musicians, dancers, or golfers without practice, learning to be a successful learner requires more than simply reading and listening as class learners. For this reason, you will be asked throughout this book to respond to operations and exercises, and to actually practice some new ways of learning. The key to success and exercises, and to actually practice some new ways of learning. The key to success will be able to learn more instertial in leas time than gries to using these one waterings. Any you practice, you will learn ou such "instrumer." on more constraintly harder.

Most of you have respirate in some activity or hobby. You have spent considerable effort and pensistence in acquiring knowledge and developing your skills, and penhaltly feel competent and antivitated to excell. Much of the same self-discipline and self-most indicated to excell most of the persistence of experimental will be needed in your pursuit of academic excellence. After shadying, this changes, we will be able to:

identify specific behaviors that influence the level of academic secure
idea a property to self-man-law coor a common behavior.

WHAT IS ACADEMIC SELF-REGULATION?

At one time, it was thought that irrelligence was the main factor in determining academic soccuss. After years of research in learning and motivation, educators have found that students can learn how to become more soccosful learners by using appropriate strategies to manage that motivation, behavior, and learning.

The word self-regulation is a key term in understanding successful learners. Self-regulation involves self-reflective, motivational, and behavioral processes (Zimmerman, 2015). Self-

Textbook (Dembo & Seli, 2013)



When he was nearly thirteen, my brother Jem got his arm badly broken at the elbow. When it healed, and Jem's fears of never being able to play football were assuaged, he was seldom self-conscious about his injury. His left arm was somewhat shorter than his right; when he stood or walked, the back of his hand was at right angles to his body, his thumb parallel to his thigh. He couldn't have cared less, so long as he could pass and punt.

When enough years had gone by to enable us to look back on them, we sometimes discussed the events leading to his accident. I maintain that the Ewells started it all, but Jem, who was four years my senior, said it started long before that. He said it began the summer Dill came to us, when Dill first gave us the idea of making Boo Radley come out.

I said if he wanted to take a broad view of the thing, it really began with Andrew Jackson. If General Jackson hadn't run the Creeks up the creek, Simon Finch would never have paddled up the Alabama, and where would we be if he hadn't? We were far too old to settle an argument with a fist-fight, so we consulted Atticus. Our father said we were both right.

Being Southerners, it was a source of shame to some

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Novel (Lee, 1960)



Motivation

- When you are motivated, you're more likely to approach the reading with enthusiasm
- Focus affects your progress and quality of reading
- Information retention (Ahmadi et al., 2013)
 - Set Specific Goals
 - · Break your reading into smaller, manageable goals
 - Pomodoro technique



Know Your Energy Levels

- Pay attention to daily energy patterns, when are you more alert?
 - What are some external factors? (Ex: Meals, physical activity, sleep)
- Listen to your body and adapt to your schedule
 - Prioritize quality over quantity (evaluate productivity)



Strategies on Reading a Chapter (Seli, 2023)

- Preview the Chapter
 - Read first/last sentences of the chapter
 - Roughly skim through the reading
- Break It Down
 - Look for key topics or events
 - Shift of focus, date change, etc.



Strategies on Reading a Chapter(Cont.)

- Read Actively
 - Connect, analyze, summarize
 - Ex: Visualization (mental image)
- Take notes
 - Enhance comprehension/retention
- Review notes
 - Organize all your notes
 - Reflect and answer questions



Students With Reading Challenges

- Use Technology
 - Text-to-speech software/audiobooks
 - Translating tools
- Seek support
 - Reading groups
 - · Guides, explanatory videos
 - Office Hours
- On campus resources
 - · OSAS
 - Tutoring/office hours
 - · KCLC



References

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