**PLANNING A READING EPISODE**

**DETERMINING READING PREFERENCES**

Amount of time I usually read without needing a break or losing concentration \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

When do I like to read (morning, afternoon, night, a specific time of day)? \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

Where do I like to read? \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

What are some potential distractions that I will remove when I read? \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

**CONSIDER THE READING ASSIGNMENT**

Readings Assigned:

Number of pages assigned \_\_\_\_\_\_\_\_\_\_\_\_\_

How familiar am I with the content? \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

How long do I think it will take me to read the entire assignment? \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

**SPLIT UP THE READINGS**

How many reading sessions do I need to complete the assignment?

Number of sessions \_\_\_\_\_\_\_\_ Amount of time for each session \_\_\_\_\_\_\_\_\_\_\_

|  |  |  |  |
| --- | --- | --- | --- |
| **SESSIONS** | **CHAPTERS OR PAGES I WILL READ**  | **DAY & TIME I WILL READ** | **READING LOCATION** |
| Session 1 |  |  |  |
| Session 2 |  |  |  |
| Session 3 |  |  |  |
| Session 4 |  |  |  |
| Session 5 |  |  |  |

How to Break Down a Reading