Back to SChool Packing Tips

As you transition back to learning in person,
try these backpack hacks to be more organized, reduce clutter,
increase your efficiency and decrease your stress!

GENERAL PACKING TIPS

- Utilize all backpack compartments and create a "home" for each item

- Sort items from biggest to smallest (i.e. laptop, planner, pencil case, etc.)

- Place loose papers inside binders or file folders

- Use lanyards to easily locate keys and ID cards

- Use a pencil case or smaller bag for stationery or other miscellaneous supplies

- Create a habit of keeping your backpack in the same location at home and packing necessary items the night before

- Zip up backpack to keep your items together and organized

"MUST HAVE" ITEMS

- [ ] **Laptop & laptop charger**
- [ ] **Phone & phone charger**
- [ ] **Pencil case**
- [ ] **Planner and/or notebook**
- [ ] **Keys**
- [ ] **Wallet with ID**
- [ ] **Headphones**
- [ ] **Binders/folders**

HELPFUL ITEMS TO PACK

- [ ] **Sanitary supplies** (i.e. hand sanitizer, wipes, tissues)
- [ ] **Snacks and/or a meal**
- [ ] **Focus-enhancing or stress-relieving items** (i.e. gum/mints, fidgets, earplugs, scented lotion)
- [ ] **Reusable water bottle**
- [ ] **Other practical items** (i.e. sunglasses, medication)