FALL 2019

2.0 UNIT CLASSES
TO SPARK YOUR
CREATIVITY

- **OT-101x: Caring for Your Self: Engaging in Healthy Habits and Routines**
  Self-care is not selfish! Get course credit for taking the time to care for your body, mind and spirit through the application of healthy habits into your daily routines.

- **OT-310: Creativity Workshop**
  Theories and practice of the creative process in varied media, genres and occupations. Explores creativity in the arts, sciences, professions, evolution, daily life, and culture.

- **DES-123xg: The Design Challenge: Exploring the Design Process (4-units)***
  An overview of the creative design process and introduction to techniques to solve visual problems. This course satisfies the university's general education requirement.

- **ARCH-220: The Architect's Sketchbook**
  The architect's sketchbook as a portable laboratory for perceiving and documenting space introduces the study of the built environment. On-site sessions develop drawing, observation, and visualization skills.

- **CTAN-452: Introduction to 3-D Computer Animation**
  Lecture and laboratory in computer animation: geometric modeling, motion specification, lighting, texture mapping, rendering, compositing, production techniques, systems for computer-synthesized animation.

- **PHED-160: Stress Management for Healthy Living**
  Instruction on the effects of stress as it relates to work, sport and academics; coping strategies are discussed and applied through physical conditioning interventions.

- **EALC-102: Language, Art and Culture: Calligraphy**
  This course introduces students to the origin of the basic components of Chinese scripts and the basic principles and styles of calligraphy.

- MUJZ-150: Beginning Jazz Improvisation
  Development of beginning improvisational skills including underlying principles of theory, harmony, jazz ear training, and jazz style.
- NAUT-001Ax: Deepwater Cruising
  An experiential approach to the sailing ship and seafaring, introducing offshore sailing theory and techniques, navigation and basic oceanography as relevant to seamanship.
- SLL-199: Chess and Critical Thinking
  Analysis of significant chess games, reflecting societal attitudes towards science, competition, art, gender, psychology, politics, and technology.
- THTR-122: Improvisation and Theatre Games
  Individual and group exercises to free the actor physically and emotionally and to stimulate creativity, imagination, and self-expression.
- THTR-222: Stage Make-up
  Learn the principles of stage make-up that allow actors to enhance their features and techniques for moderate and extreme aging, injuries, and character roles.
- THTR-290: Introduction to Medical Clowning
  Explores the art of clowning in hospitals for the purpose of improving the well-being of those in need.
- THTR-474: Introduction to Stand Up Comedy
  An introduction to the discipline of conceiving, writing, and creating original Stand Up Comedy routines.
- CTAN-330: Animation Fundamentals
  An introduction to the fundamentals of animation, covering such topics as timing, anticipation, reaction, overlapping action, and metamorphosis.
- JOUR 321 Visual Journalism
  Understand video for digital platforms, principles of photography, design for web and mobile platforms, principles of digital design and interactive storytelling.

Kortschak Center *for*
Learning and Creativity