

# #GOALS

## BREAKING DOWN PROJECTS & FINALS

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# LEARNING OBJECTIVES

- ▶ Understand the goal setting process
  - ▶ Apply the goal setting process to the planning of your personal projects, papers, and finals
  - ▶ Assess the pros & cons of your goal setting plan
  - ▶ Develop a goal setting process/plan appropriate for your project/final specific goals
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# WORKSHEET LINKS

- ▶ [SMART Goal Worksheet](#)
  - ▶ [Project Plan](#)
  - ▶ [Action Plan](#)
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(Google.com)

# THE GOAL SETTING PROCESS

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# 1. IDENTIFY & DEFINE

- ▶ THINK
- ▶ IDENTIFY
- ▶ DEFINE
  - ▶ USING S.M.A.R.T.

(Dembo & Seli, 2016, p.107-109)



(Google.com)

## 2. GENERATE & EVALUATE ALTERNATIVE PLANS

- ▶ HOW?
- ▶ REFLECT
  - ▶ STRENGTHS VS.  
WEAKNESSES
- ▶ CONSIDER  
ALTERNATIVES

(Dembo & Seli, 2016, p.110-111)



(Google.com)

# 3. MAKE AN ACTION PLAN

- ▶ DEVELOP A PLAN
- ▶ LIST TASKS
  - ▶ USE INTERMEDIATE GOALS
- ▶ SET DEADLINES
- ▶ “IF-THEN PLAN”

(Dembo & Seli, 2016, p.111)

TABLE 4.2  
INTERMEDIATE GOALS FOR A RESEARCH PAPER

Intermediate Goal	Date Completed
Phase 1: Prewriting	
Identify topic	
Find sources for topic	
Use correct bibliographic notation for sources	
Phase 2: Drafting	
Organize paper around two subtopics	
Write draft of subtopic 1	
Write draft of subtopic 2	
Write introduction to paper	
Write conclusion	
Phase 3: Revising and Editing	
Review drafts for grammar and writing style	
Check transitions among subtopics	
Edit complete paper	
Prepare title page, bibliography, and table of contents	

(Dembo & Seli, 2016, p.112)



# 4. IMPLEMENT THE PLAN

- ▶ ACTION!
- ▶ CHECK PROGRESS
- ▶ MAKE CHANGES

(Dembo & Seli, 2016, p.112)

## STUDY PLAN

TEST FORMAT: English Research Paper

TEST DATE: May 5th

DAYS TO STUDY: 12

DATE	# OF HOURS	TASK & MATERIAL TO COVER
Tuesday 4/25	1.5	Create thesis statement and outline paper
Wednesday 4/26	2	Find 4 sources and include them in my outline
Thursday 4/27	2	Write 2 pages of paper
Friday 4/28	1	Write 1 page
Sunday 4/30	2.5	Write 3 pages
Monday 5/1	.5	Schedule appointment with Writing Center
Tuesday 5/2	1	Possible appointment with Writing Center
Wednesday 5/3	1	Possible appointment with Writing Center
Thursday 5/4	1.5	Final revise and proofread
Friday 5/5		Turn it in

# 5. EVALUATE YOUR PROGRESS



(Dembo & Seli, 2016, p.112)  
(Google.com)

THANK YOU!

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