Active Reading Checklist

Use this handy checklist to see if you are an "Active Reader". Select **Yes** or **No** as applicable.

Active Reading Strategies

1.	I preview chapters before lectures.	☐ Yes	☐ No
2.	I create chapter outlines.	☐ Yes	☐ No
3.	I divide the chapter into manageable sections.	☐ Yes	☐ No
4.	I write summaries in my own words after each section.	☐ Yes	☐ No
5.	I highlight key concepts and main ideas.	☐ Yes	☐ No
6.	I review definitions and key words.	☐ Yes	☐ No
7.	I use note cards to write formulas and main ideas.	☐ Yes	☐ No
8.	I use note cards to write out questions and answers.	☐ Yes	☐ No
9.	I form a study group and we exchange summaries and possible test questions.	☐ Yes	☐ No
10.	I practice teaching other members of my study team main concepts.	☐ Yes	☐ No
11.	I use mind maps to create links and connections between concepts in a logical manner.	☐ Yes	☐ No
12.	I read chapter summaries.	☐ Yes	☐ No
13.	I review graphs, charts, pictures, and tables.	☐ Yes	☐ No
14.	I answer end of chapter questions.	☐ Yes	☐ No
15.	I compare reading notes with lecture notes.	☐ Yes	☐ No
16.	I read sitting in a firm chair.	☐ Yes	☐ No

17. I read difficult material standing up or while taking notes at the board. ☐ **Yes** ☐ **No**

18. I make reading an active process by asking questions and staying alert. ☐ **Yes** ☐ **No**

19. I focus on main ideas, not individual words. ☐ **Yes** ☐ **No**

20. I stay focused by looking for examples that support main points. ☐ **Yes** ☐ **No**

Your Active Reading score is:

If your score totals at least 15 **Yes** answers, you are an active reader. If not, practice the strategies above until they become habits.