**Self-Observation: Assessing Note-Taking Strategies**

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|   | **Always** | **Sometimes** | **Never** |
| Do you complete the assigned readings before each lecture? |   |   |   |
| Do you try and sit as close as possible to the lecturer? |   |   |   |
| Do you doodle during a lecture? |   |   |   |
| Do you avoid listening when difficult information is presented? |   |   |   |
| Do you condense the main ideas rather than write complete sentences? |   |   |   |
| Do you use abbreviations? |   |   |   |
| Do you daydream during lectures? |   |   |   |
| Do you separate main ideas from examples and other secondary information? |   |   |   |
| Do you make a notation in your notes for information you don't understand? |   |   |   |
| Do you attempt to control distractions around you? |   |   |   |
|  |  |  |  |
| Do you try to determine the organization of the lecture? |   |   |   |
| Do you review your notes each day after class? |   |   |   |
| Do you understand your notes when you begin preparing for an exam? |   |   |   |

**Summary Statement (Describe what the brief assessment tells you):**